# VOLUNTEERING AND COMPETITIVENESS ON THE LABOUR MARKET IN TIMES OF CRISIS: STUDENTS' ATTITUDES

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#### Abstract

High unemployment rate is one of the main characteristics of the labour market in times of crisis. Even young people with university degrees have difficulties in finding their first jobs. Lack of work experience is often pointed out as being one of the main obstacles for that. The question arises: How can students increase their competitiveness and employment chances on the labour market while still studying?

This paper explores the attitudes of students towards volunteering and considers volunteerism as a means of increasing their competitiveness on the labour market. Various forms of student volunteering are proving increasingly to be an excellent means of ensuring faster and more successful inclusion into the labour market.

Keywords student volunteering, competencies, employability

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